

Emotions Story



Assertiveness



TITLE: Emotions Story

SCENARIO:

Anisa was playing a board game with Blake. During Anisa's turn, Blake took the dice from her and said, "You're taking too long. It's my turn now." Anisa felt frustrated.

QUESTION:

- How could Anisa express her feelings of being frustrated?



GRADE 1

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SCENARIO:

Jade was on the playground and was pushing her classmate, Imani. They both heard the “five-minute warning whistle.” Imani realized that Jade hadn’t had a turn yet on the swing. Imani hopped off and said to Jade, “It’s your turn, since you haven’t been on yet.” Jade felt happy.

QUESTION:

- How could Jade express her feeling of being happy?



GRADE 1

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SCENARIO:

Kofi and Luna were in class and getting ready to take a math quiz. Luna asked Kofi if she could borrow a pencil of his. Kofi gave her one of his pencils for the quiz. After the quiz, Kofi asked for the pencil back, and Luna said, "What pencil? You never gave me one." Kofi felt a sense of mistrust.

QUESTION:

- How could Kofi express his feeling of mistrust?



GRADE 1